

Dear friends of Coast to Coast Radio and Dr. Leonard Coldwell,

Thank you so much for your interest in health and happiness. Here is the secret letter that Dr. Leonard Coldwell wrote to one of his family members. The pharmaceutical and medical industry does not want you to know the context of this letter.

Note: the information in this letter is for research and educational purposes only, and was only intended for the person that it was send to. It is not intended as medical advice. If you have health challenges of any kind please seek the advice of a licensed health care practitioner before using any of the following information.

For specific questions or information write to:

www.instinctbasedmedicine@gmail.com, please watch the free videos on www.drleonardcoldwell.com, and read The Only Answer To Cancer www.instinctbasedmedicinestore.com Frequently see the news on www.drleonardcoldwell.com and sign up for the RSS Feed for daily news and updates. Use the only free medical advise service in the world and write to: drhohn@goodlifefoundation.com Dr Hohn MD NMD is Dr Coldwell's Master Student and Apprentice. See info about his hospitals and work below.

Dear...

I am sorry to hear about your diagnosis of Cancer. This is certainly a wakeup call! It is the opportunity to think about our life and the necessary changes we know we should have made but didn't and time to stop some negative habits and to install new and positive ones.

First of all, do not let the medical profession scare you into chemotherapy, radiation or surgery – they will kill you! The medical industry has a cancer cure rate of 2%, while 27% of all cancer patients recover completely without doing anything at all. (Often the shock of the diagnoses leads them to the necessary changes to get well again.) That means the medical establishment is even killing the 25% of patients that would have recovered on their own. (Everybody gets cancer approximately 6 to 10 times in their life but will never even know about it. That is, if they don't get trapped by the early detection hoaxes that are only used to create customers. No one gets cured of cancer and no cancer is ever prevented by a mammography, colonoscopy, etc.)

As you know, the studies I sent to you show that I have a cancer cure rate of 92.3% and the only patients I ever lost were the ones that had medical treatment before.

Make sure you understand this: Chemotherapy is causing cancer not curing it. Radiation is causing cancer not curing it. And surgery usually spreads the cancer like an explosion throughout the entire body.

The medical profession is the number one cause of death in the western world and medication is the main cause of new illnesses and symptoms. Should you trust a profession statistically has a life span of 56 years of age and one of the highest drug and alcohol abuse and suicide rates in the world? That doesn't make sense to me at all. That would be like asking an athlete that always comes in last to win the gold medal in the Olympics.

The only way for you to get and stay healthy is to take charge, take responsibility, and take control of your own life and health. Get educated, use common sense and listen to your instincts then apply what you learn.

So the first question you have to ask yourself is, "What is it that made me sick?" or "What could have been the reason or one of the reasons for me getting sick?"

Where do you make daily compromises against yourself? When you hide your true personality and who you really are? What are the constant worries, doubts and fears that you live with?

Cancer is mainly caused by lack of self-love, self-esteem, hope, self-confidence, goals, love, etc. Basically, the only cause for cancer is stress. That is, if you rule out accidents.

Yes, mental and emotional stress can cause cancer! Scientific studies have proven that 86% of all illnesses and doctor visits are stress related. The only cause of every illness is lack of energy. The main cause of lack of energy is mental and emotional stress.

You, like everybody else in the world, were born with cancer yet your body simply eliminated all the danger and debris, the toxins and acidosis in your body so that the cancer could not grow or take over. The only reason that process stopped is because your immune system no longer has the to eliminate the accumulation of cancerous cells and their multiplication.

The only way to get and stay healthy is to get your energy level back up to where it needs to be for the healing process. Therefore, you first need to eliminate the physical foundation for cancer, acidosis and toxemia.

In my experience, the fastest way is to use a massive cleansing system like www.mybepure.com. I developed this product for my cancer patients in the past. I would also do the metal test and cleanse from www.helpingamericanow.com, as well as the specific cancer protocol from www.awesomesupplements.com, depending on your individual diagnosis.

If I were with you in Europe I would instantly put you on Essiac capsules, universal greens, and flora zymes from www.awesomesupplements.com. I'd recommend 8 drops of food grade hydrogen peroxide in 8 ounces of Aloe Vera juice 3 times a day on an empty stomach. I'd also suggest taking 6 to 8 apricot kernels and a gallon of water with a half teaspoon of sea salt in it each day. (The best salt is Star Dust from www.greatwholefood.com. And don't use sugar or artificial sweeteners, just use www.justlikesugarinc.com instead and eat only raw food www.paulnison.com or only organic food from www.greatwholefood.com.

Start juicing (the best and cheapest juicer is from Jack Lalane) and every morning drink 1/3 each of apple, carrot and celery juice. In fact, juice as much as you can each day and add lots of greens like spinach and parsley for the chlorophyll (which gives the body oxygen).

Never, ever drink milk (check out www.notmilk.com and you'll see why!) and don't eat red meat ever again.

Max Plank and Otto Warburg received a Nobel Prize in medicine for proving that cancer cannot exist in an oxygen-rich alkaline environment. If you do all of the above you will get detoxified and alkaline, and enrich your body with oxygen. That means you have eliminated the physical cause and the foundation for cancer in your body.

Now you need to address the root cause of your individual health breakdown. Find out where you make constant compromises against yourself, such as keeping a job that feels like it's literally killing you, a boss you cannot handle anymore, a relationship that takes your life's energy away, and so forth. You need to define and eliminate the worries, fears and doubts. You need to eradicate the lack of self-love, self-esteem, and/or self-confidence causing the internal stress that is killing you or you will not survive.

Yes, I could intravenously give you 100cc of Vitamin C or Aloe Vera injections and your tumors will disappear, but they will come back with a vengeance. The reason why is because the cancer is simply a symptom and if you don't eliminate the root cause of your health breakdown you will die from it.

The body can only heal while you are asleep or in a deeply relaxed state. I will send you my CDs that give you the equivalent of 8 hours of deep restful sleep in just 20 minutes. (www.instinctbasedmedicinestore.com)

Please read and use the information in my book, *The Only Answer to Cancer* (www.instinctbasedmedicinestore.com) and watch my videos and read my blogs and information on www.drleonardcoldwell.com.

The only cause of cancer is mental and emotional stress – that is the root cause – and if you don't eliminate this root cause you are going to die.

Remember: no tap or unfiltered water (get shower filters and an osmosis or whole house water filter system www.intacthealth.com) and eliminate the Electromagnetic Frequencies or Chaos with the EP 2 pendant and the eDot from the same company.

Do not eat processed food. No red meat, no milk, and no white sugar or artificial sweeteners, or GMO foods. Eat organic only.

If you say you cannot afford all of this then tell me how you can afford to die. Funerals are expensive!

And here is one of the most important pieces of advice: get rid of the energy drainers in your life. The people that keep you down, drain your energy, or are negative. Surround yourself only with people that believe in your healing, who believe in what you do and support you all the way. You don't need the energy vampires in your life anymore. They may even have caused your illness in the first place.

Stop living in the past or letting past events and failures have an influence on your present or future. Every morning is a brand new birth, a brand new possibility to start new, so use it and don't let past events or worries and doubts of the future have any impact on your life and your decisions or actions.

Use my books and CDs to assist you if you like since they can help you to accomplish all that's needed.

I truly, truly love you and that's why I am telling you the truth. No pity or self-pity can help you; it will only kill you.

No other person will cure you. No magic pill or treatment will. There is no healing force outside the human body – you can heal yourself – you created the problem and you are the only one who can fix it.

Love, hope and happiness to you,

Ps Always see the news on www.drleonardcoldwell.com and sign up for the RSS Feed for daily news and updates.

I also attach some general information and some study material so that you get started in on your way to self education and self healing.

The Only Answer to™..... Dr Coldwell Series

Before you ask specific questions please make sure that you have read Dr C's book: "The Only Answer to Cancer" and have watched all the videos in "The Only Answer to Cancer" series available at: <http://www.youtube.com/drleonardcoldwell> or <http://www.youtube.com/user/HealingNaturePress>

Read: The Dr Coldwell Report:
<http://thedrcoldwellreport.blogspot.com/>

Listen to Dr C's Radio show: The Dr Coldwell Report – Radio show:
<http://www.blogtalkradio.com/search/dr.-leonard-coldwell/archives>

Cancer patients please: Listen to Dr Leonard Coldwell's Radio Shows: "The Only Answer to Cancer" , "Instinct Based Medicine" and "Stress the Silent Killer "

Listen live to The Dr Coldwell Report Radio every Monday at 1pm ET at: <http://www.blogtalkradio.com/TheDrColdwellReport>

Listen to Live Radio Interview Kevin Trudeau and Dr Leonard Coldwell <http://www.ktradionetwork.com/tag/leonard-coldwell>

Listen to Dr Coldwell on Rense.com radio interviews:

http://rense.gsradio.net:8080/rense/special/rense_Dr_L_Coldwell_102609.mp3 and

http://rense.gsradio.net:8080/rense/special/rense_L_Coldwell_070610.mp3

Dr C Video with Paul Nison the leading expert for Raw Food Diet

<http://www.youtube.com/watch?v=n5IIM7AIMYE> for more videos of this interview please see <http://paulnison.com/resources/health-show/>

Information about Dr Coldwell's book: *Instinct Based Medicine – How to survive your illness and your doctor on Youtube:*

<http://www.youtube.com/watch?v=2ttZmGMrL6s>

See:

www.DrLeonardColdwell.com

www.TheOnlyAnswerToCancer.com

www.InstinctBasedMedicine.com

If you still have specific questions you can ask Dr Coldwell and his Team of Licensed IBMS™ Therapists any question you may have simply write to: instinctbasedmedicine@gmail.com

Please order Dr Coldwell's books: The Only Answer to Cancer and other books from www.instinctbasedmedicinestore.com

Proof of success:

<http://www.ktradionetwork.com/2010/02/04/thank-you-for-all-that-you-do-kevin/>

Listen to Dr. Rima Reports interviews Dr. Leonard Coldwell at www.healthfreedomusa.org

"The Only Answer to Cancer is NOT Chemotherapy"

Your individual Answer:

Watch: Paul Nison video Interview with Dr C The Only Answer to Cancer

<http://www.youtube.com/watch?v=n5IIM7AIMYE&feature=related> 1

<http://www.youtube.com/watch?v=RIXLnBAAsL0&feature=related> 2

<http://www.youtube.com/watch?v=UjoeAHOf7E&feature=related> 3

http://www.youtube.com/watch?v=GKoLzYaLI1c&feature=player_embedded

4

http://www.youtube.com/watch?v=u6WSepkmFEI&feature=player_embedded

d 5

<http://paulnison.com/resources/health-show/> Paul summary on the videos

http://www.youtube.com/watch?v=N3B4mSlrT6I&feature=player_embedded

6

http://www.youtube.com/watch?v=k9PX5BycEOY&feature=player_embedded

7

http://www.youtube.com/watch?v=BjSASlvVKaU&feature=player_embedded

8

The Proven Cancer Cure:

The historical IBMS™ Cancer protocol used by Dr Coldwell successfully Author Dr Holger Crone MD ND HD – who has watched it for over 10 years in action: 1st Read Dr Coldwell's Book: The Only Answer to Cancer from www.instinctbasedmedicinestore.com

The Patients would go instantly on a diet consistent only of food from www.greatwholefood.com or after www.PaulNison.com or the Gerson diet. But the most important element would be that the patient get the IBMS™ Audio CD set (*The educational self help and stress reduction system: IBMS™ Dr Coldwell used for his patients is available on CD from www.instinctbasedmedicinestore.com* or they will probably not able to define or eliminate the root cause for their individual Cancer or health break down) The Self Cure Educational Training set consists of: The Basic stress reduction set plus the Champion pack and the individual sessions: Trauma erase, Life Solutions and Pain Relief.

And – all cancer patients, would do the 21 day full body and colon cleansing system from www.mybepure.com and do the specific Cancer Protocol from www.awesomesupplements.com (see specific Cancer protocols below)

Every cancer patient would take the metal cleanse and use the metal toxification test and Hydrosol silver from www.helpingamericanow.com.

Every cancer patient would take vitamin B 17 (6 to 8 kernels of the apricot seed Laetrile) and Essiac Capsules and huge amounts (150

000 iU) of vitamin D3- Dr Coldwell believes you cannot overdose one vitamin d if it is from that following company and they had to take universal greens and cal mag and quint essence from www.awesomesupplements.com for 21 days and eat fresh alive organic salads, vegetables and fruit.

I would get the books from www.paulnison.com and I would have as much sun as my skin can handle without getting burned. I would buy a juicer the cheap Jack Lalane one and have a lot of fresh juice most of all a lot of greens.

I would walk or exercise just a little every day. I would eat a vegetarian diet and take flora zymes, quint essence, vitamin e and cal mag from www.awesomesupplements.com every day of my life. In severe cases I would add oxygen therapy and or 35% hydrogen peroxide therapy (or the pH primer from www.awesomesupplements.com) – I would take (but I don't encourage anyone else to do it) 8 drops of 35% hydrogen peroxide in 4 ounces of Aloe juice for at least 35 days.

I you can find a doctor to give you 100 cc of iV vitamin C injections 3 times a day that usually stops and reverses the tumors the fastest.

After doing all of this I would know I had done everything to address the physical cause of health. But I would also know that the main cause of Cancer is mental and emotional stress and that it is scientifically proven that all illness is to 84% based on stress and only 16% is based on physical elements. Therefore I would know that I have to uncover and eliminate the root cause of my personal health challenge to be able to get rid of the symptoms and physical malfunction I know I would have to apply the information in Dr Coldwell's Books The Only Answer to Cancer and The Only Answer to Stress, Anxiety and Depression and Instinct Based Medicine - How to survive your illness and your doctor www.instinctbasedmedicine.com

The historical use of the following from www.awesomesupplements.com

(The producing company has no knowledge about these suggestions and the suggested use

They created it as different energy packages.)

Melanoma - Nutritional Health Support Protocol Item # 7328

Lymphoma - Nutritional Health Support Protocol Item # 7329

Sarcoma - Nutritional Health Support Protocol Item # 7330

Leukemia - Nutritional Health Support Protocol Item # 7331

Colon Carcinoma Nutritional Health Support Protocol Item # 7332

Kidney or Bladder Carcinoma Nutritional Health Support Protocol Item # 7333

Liver Carcinoma Nutritional Health Support Protocol Item # 7334

Lung Carcinoma Nutritional Health Support Protocol Item # 7335

Pancreas Carcinoma Nutritional Health Support Protocol *Item # 7336*
Brain Carcinoma Nutritional Health Support Protocol *Item # 7337*
Breast Carcinoma Nutritional Health Support Protocol *Item # 7338*
Prostate Carcinoma Nutritional Health Support Protocol *Item # 7339*
Prostate Carcinoma Nutritional Health Support Protocol *Item # 7339*

**Dr Coldwells secret (historical use) protocol published by Dr
Thommas Hohn MD NMD: www.goodlife.foundation.com**

- 3018 Saw Palmetto Berries (super fresh)**
- 3020 Yellow Dock (wild)**
- 4001 Chem - TX (chemical detox)**
- 4003 Kelp and Dulse Seaweed Formula**
- 4004 LBT#3 (lower bowel tonic)**
- 4005 Lung Tonic**
- 4006 Lymph-Flo (lymphatic cleanser)**
- 4007 Metal - TX (metal detox)**
- 4009 Tone Her (female herbs)**
- 4010 Innergy (immune response support)**
- 4011 Black Radish and Parsley**
- 4014 Kidney Tonic**
- 4016 Liver Tonic**
- 4017 Brilliance**
- 4023 Sweet Balance**
- 4050 Virility (Libido & Sexual Performance Enhancement)**
- 4321 BePure Cleanse with Exclusive Limited Offer**
- 5010 CoQ10 w/Enzyme-Fulvic Enhancement**
- 5020 Vitamin A (fish oils)**
- 5030 Lecithin Triple Strength**
- 5034 Niacin 100 mg**
- 5056 Vitamin C - Complex with Bioflavanoids**
- 5060 Natural Vitamin D3 - 5000 IU Liquid Gel Caps**
- 5071 Natural Vitamin E 400 I.U.**
- Quint-Essence Blend, Whole Food Meal Enhancement**
- 6111 Supplement0**
- 6129 Quint-Essence Powder - 1/2 pound container**
- 6201 LGB-Purity (Liver-Galbladder-Bowel Cleanse)**
- 6247 InflamEX (Inflammation Management Opti-Blend)**
- 6255 ReFlux-ReForm (Acid Reflux Reformation Blend)**
- 6300 CMO-ReVive Blend (30-day supply)**
- 6300VP CMO-ReVive Value Pack (complete 90-Day regimen)**
- 6435 ParasitEX (Parasite Elimination Opti-Blend)**
- 6615 CandidaEX (The Candida Cleanse That Works)**
- 6633 HerpEX (Herpes Support Formula that Works)**
- 6642 Finally Slim (Effective Healthy Weight Reduction)**

6804	Universal Greens (the pH enhancing Opti-Blend)
7029	Dr Coldwell's Acid-Alkaline Protocol
7038	Acne Protocol
7066	Dr Coldwell's Candida Remediation Protocol
7083	Cellulite Control Protocol
7101	Wellness Maintenance Protocol
7110	Weight Loss Protocol
7111	Athletic Endurance Protocol
7119	Arthritis/Rheumatism Protocol
7128	Liver Cleanse Protocol
7137	IBS/Crohn's/Colitis Protocol
7146	Parasite Elimination Protocol
7155	Yeast Management Protocol
7164	Herpes Wellness Protocol
7173	Inflammation Protocol
7182	Lupus Protocol
7191	ALS (Lou Gehrig's Disease) Protocol
7199	Adrenal Exhaustion Protocol
7209	Acid Reflux Protocol
7218	Autism Wellness Protocol
7227	Metal Detoxification Protocol
7272	Neuropathy Protocol
7281	Asthma Wellness Protocol
7290	Mineral Deficiency Protocol
7308	Thyroid Wellness Protocol (Hypo)
7326	Calcium Wellness Protocol
7328	Melanoma Nutritional Health Support Protocol
7329	Lymphoma Nutritional Health Support Protocol
7330	Sarcoma Nutritional Health Support Protocol
7331	Leukemia Nutritional Health Support Protocol
7332	Colon Carcinoma Nutritional Health Support Protocol
7333	Kidney or Bladder Carcinoma Nutritional Health Support Protocol
7334	Liver Carcinoma Nutritional Health Support Protocol
7335	Lung Carcinoma Nutritional Support Protocol
7336	Pancreas Carcinoma Nutritional Health Support Protocol
7337	Brain Carcinoma Nutritional Health Support Protocol
7338	Breast Carcinoma Nutritional Health Support Protocol
7339	Prostate Carcinoma Nutritional Health Support Protocol
7344	Multiple Sclerosis Protocol
7355	Cysts Protocol
7362	Gout Protocol
7366	Prostate Health Protocol
7371	Eyesight/Macular Degenerative Protocol

7407	Depression and Anxiety Protocol
7434	Migraine Headache Protocol
7443	Menopause Protocol
7444	Libido Protocol
7452	Stress Protocol
7454	ADD and ADHD Management Protocol
7470	PMS Wellness Protocol
7471	Blood Pressure Wellness Protocol
8131	Eleotin (tm) - 1 Month Pack of 3 x 30 Capsules
8132	DiaEZ Plus
8200	Eleotin (tm) DVD \The Truth About Diabetes\''''
8550	EssiaCaps - The Original Formula in Capsules

Here are the supplements that Dr Coldwell used and is using for himself:

1003	Flora-Zymes (Food Enzymes w/Good Flora)
1005	EB-Digestive Aid (High Potency Enzyme)
1011	Bifidophilus (High Potency Pro-Biotics)
1016	Vegetarian HCL
2000	OmegaMins
2006	Micronized Cal/Mag in a 1:1 Ratio
2008	Micronized Mag/Cal in a 7:5 Ratio
2023	Chromium Picolinate - 200 mcg
2027	Natural Source Potassium - 99mg
2031	Tracite - 2 oz. Dropper Bottle
2433	pH Primer Plus
2700	Oxy-Plus Drops
	pH Litmus Stix, 4.5 - 9.0 pH, (contains 80 strips), (with use instructions)
2947	
3001	Black Cohosh
3003	Black Walnut Hulls (green)
3006	Cayenne Pepper 90,000 BTU
3007	Cedar Berries
3008	Echinacea Angustifolia
3010	Dong Quai Root
3012	Ginger Root (Jamaican)
3014	Hawthorne Berries
3016	Silymarin - Milk Thistle Extract
3017	Pau D' Arco Bark (inner bark)

Gesundheitszentrum Schmargendorf

The best and most effective all natural treatment for cancer that you can

get in Europe is at the c/o Gesundheitszentrum Schmargendorf. Director Dr Thomas Hohn MD NMD is not only my colleague and licensed in IBMS Therapy™, he is my master student and took over my patients and health centers from me when I left Germany. He

is the most competent healer and MD I ever had the honor to train and to work with together with my most adored friend and student Dr

Holger Crone MD ND HD. Dr Hohn has his own TV show: "Naturally Healthy" for over 10 years and is a multi bestselling author and one of

the most trusted Medical Doctors in the world. If you want the best therapy by a licensed Medical Doctor that is trained and Licensed in my IBMS-Therapy™ then you need to contact Dr Hohn in Germany:

Dr. Thomas Hohn MD NMD

Breitestrasse 12

14199 Berlin

Phone-No. 1: 01149 - 30 (Berlin) - 823 50 86 (VIP-Line)

Phone-No. 2: 01149 172 (Vodafone) - 319 10 90 (Cell-Phone) use only

in extreme emergencies

Dr. med. Thomas Höhn

Facharzt für Allgemeinmedizin, Naturheilverfahren, Sportmedizin

You have to tell him (or his nurses) that Dr Leonard Coldwell did send

you or you will not get an appointment before the next 18 month or so.

Dr Hohn is usually booked one to two years in advance but will hold spots for cancer patients in need.

www.goodlifefoundation.com

DMSO: How it Heals Cancer and Why It's Banned in America

What if the FDA ignored one of the most promising therapies for treating and curing cancer because of a personal grudge?

That seems to be the case between the FDA and DMSO. It's pretty alarming.

Despite what you may have heard, DMSO has *not* been discredited as a treatment. Read on to find out what the FDA hopes you'll never know.

How a Wood Industry By-Product Turned into a Cancer Cure

DMSO (dimethyl sulfoxide) has been called everything from the magic bullet cure for cancer

to a dangerous chemical solvent. The truth is it's a little of both.

DMSO is an industrial solvent made from oil, coal, and lignin. It's actually a by-product of the paper manufacturing process.¹

It was first discovered in 1961 by Stanley Jacob, MD, who served as head of the organ transplant program at Oregon Health Sciences University. Dr. Jacob was the first to realize the remarkable penetration properties of DMSO.

Specifically, DMSO has the extraordinary ability to pass through membranes without damaging them. Depending on the strength of the solution used, the agent can move through barriers of different densities. It passes through skin at a solution of only 70%. To pass through bladder walls, only 15% is needed.⁶

If you rub it on your skin, it can be found in your blood five minutes later. Twenty minutes after that, it's in all your organs. An hour later, it's in your bones. If administered intravenously, it moves even faster.

But even more intriguing than that, DMSO is able to carry other drugs with it as it crosses membranes – some better than others. This makes it a powerful transport tool for moving medicine quickly throughout the body. It's also versatile and can be taken by mouth (orally), by application to the skin (topically), by enema, or intravenously.

As far as side effects go, it typically produces the taste and odor of garlic in the mouth. If taken topically, it may result in burning, itching, or dry skin.

Overall, DMSO has incredible antiinflammatory, analgesic, and antioxidant properties.⁵ Most often, it's used in laboratories to preserve living cells when they're frozen and as a preservative for organ transplants. DMSO is also used as a veterinary therapy to decrease swelling in horses and dogs.²

How DMSO Confronts Cancer

A 1985 issue of Consumer Reports said,

“DMSO could be one of the most effective anti-cancer agents known, it has the properties desired in any cancer drug and has been used successfully with chemotherapy.”¹

The single greatest claim to cancer relief for DMSO is that it can trap free radical hydroxide. There’s also evidence it can protect against radiation damage¹ and slow the growth of cancer cells.²

Hydroxyl radicals are the most potent type of free radicals, which promote tumor growth. Interfering with the work of these radicals may be one way DMSO inhibits the development of cancer – by protecting against the growth of tumor development.

In fact, DMSO has been shown to protect noncancerous cells while ferrying chemotherapeutic agents to cancerous cells. In animal studies it has also demonstrated the ability to delay the spread of cancer while prolonging survival rates.⁶

Patients who receive DMSO while going through chemotherapy or radiation tend to be less prone to common side effects like nausea, hair loss, and dry mouth.

In a Chilean study, cancer patients who hadn’t responded to conventional treatments were given a combo drug of DMSO and Cyclophosphamide, a chemotherapy agent. The result was better success destroying existing cancer cells with fewer of the typical chemo treatment side effects. Pain was easier to manage and patients could resume normal activities sooner than otherwise.⁷

When used to treat cancer, DMSO appears to be able to convert cells with abnormal growth or tissue to benign cells, rather than killing them all. This is an impressive difference from the standard chemo approach, which kills all cells in its path using poisonous chemicals.

When used for treating a serious illness like cancer, DMSO is given intravenously.⁷ Because of this, the practitioner has to understand all potential toxicity problems and administer the

treatment with caution in a controlled setting.⁷

From Miracle Cure to Snake Oil

When it was first discovered, DMSO caused quite a stir in medical circles. The New York Times even featured a front-page article on the drug and called it the “most exciting thing in medicine,”⁵ leading to a public frenzy. People were eager to try the new miracle drug.

Initially, DMSO was approved for further study in view of its promise as a topical remedy for the relief of swelling, muscle strains and sprains, arthritis, and pain.¹

But at the same time, DMSO was available for industrial use, so patients could get a hold of it and dose themselves. This early frenzy likely caused some injuries or side effects outside the control of researchers. Some believe it was the main reason the medical community went sour on the drug.⁶

In the 1960s, shortly after Dr. Jacob first discovered DMSO, six pharmaceutical companies launched clinical studies. They were shortlived, though, after a woman in Ireland died of a supposed allergic reaction. The woman had been taking several drugs along with DMSO, and though the cause of her death was never determined, the media attributed it to DMSO. That was enough for the FDA to close down clinical trials in the U.S.

Discussion of the drug dwindled until 1980, when Dr. Jacob appeared on a 60 Minutes segment with Mike Wallace.³ That sparked a revival of interest in DMSO and created such a large underground market that the FDA took alarm and started seizing whatever supplies were available.

Why DMSO *Still* Isn't FDA-Approved

The biggest problem is that DMSO is such a great transporter, anybody using it runs the risk of contaminating their treatment with anything that comes into contact with the drug. To apply it to the skin, you have to wash your hands well and not touch anything prior to rubbing on

the DMSO. Wearing plastic gloves isn't even an option – the DMSO could potentially pull toxins from the gloves and transfer them into your body. Too many of these or any other kind of toxins could be life-threatening to someone battling cancer.¹

Then there's the problem of running effective studies on DMSO. Because the patient's breath begins to smell like garlic just minutes after the drug enters the body, standard doubleblind, placebo-controlled studies are just about impossible. Remember, in these studies neither the patient nor doctor is supposed to know who has received a drug and who has received a placebo. The garlic breath side effect gives it away.⁶

The garlic breath effect causes other complications. According to some researchers, garlic breath as a side effect makes DMSO too hard to market, despite its healing potential, so drug companies steer clear from any possible research on it. This excuse seems pretty lame to me. I suspect that people with cancer or in crippling pain would be willing to tolerate a bad taste in the mouth for the sake of getting well. There's also the usual hang-up found in alternative remedies: no company can land an exclusive patent. Given that FDA approval requires clinical testing that can cost hundreds of millions, drug companies don't welcome the risk if they can't enjoy the exclusive rights. Even worse, the wide range of uses for DMSO would probably compete with a lot of the drugs already on the market.

Now, over forty years after its discovery, scientists have conducted hundreds of studies on DMSO and no deaths have occurred, as far as my research can show. Still, the FDA consistently refuses applications to conduct clinical trials, save for one on a bladder disorder called interstitial cystitis. For that specific illness (and *only* that illness), the FDA approved DMSO as a prescription drug in 1978.⁶

Since then, DMSO supporters have put

pressure on the FDA and Congress to further evaluate the drug, but bills introducing federal studies never make it out of committee.

This “Snake Oil” Is Bound To Be Cleared, And Soon

The interesting thing about DMSO is that it doesn’t follow the typical “rifle approach” of most drugs – that is, the concept that each drug should battle only one disease or symptom.

In fact, Dr. Jacob himself describes it as “the aspirin of our era.” He points out that if aspirin weren’t already wholly accepted as an effective drug, most people wouldn’t believe that a tiny white pill can do so much – like lower body temperature, get rid of headaches, prevent strokes, curb heart problems, etc.⁶

Right now, DMSO is a common treatment in other countries. Doctors in Canada, Great Britain, Germany, and Japan already prescribe it for the relief of pain, inflammation, arthritis, scleroderma, and interstitial cystitis.⁶ The drug is also routinely used at alternative cancer clinics in Mexico to transport laetrile into the body intravenously.⁴

Mexican clinics that offer DMSO include International BioCare Hospital, San Diego Clinic, Bio Medical Center, Alpha Medical Clinic, and Stella Maris Clinic, and Hughes Bellevue, M.D. You’ll find contact information for all of these in our Special Report, *Adios, Cancer*.

These clinics/doctors generally offer DMSO in combination with other therapies and after examining the patient and deciding what’s private appropriate. It’s not as if you walk in the door and order some DMSO.

As for the United States, DMSO is largely unknown – not to mention unavailable – because it can’t be patented by the big drug companies.⁵ It’s beyond ridiculous that a promising drug like this gets brushed off by the FDA just because it lacks the potential to make drug companies the big bucks.

Well-known researchers today have

commented about the FDA's obvious bias against the treatment, even though very little is conclusively known about what DMSO can and can't do. Fortunately, we can take mild satisfaction in the fact that the FDA recently gave the go-ahead for DMSO trials on closed-head injuries, the goal being to study the drug's antiinflammatory properties. At the very least, this may be a sign of more studies to come.

As the years pass, evidence of the drug's safety and efficacy will probably only continue to grow. Several researchers, including Dr. Jacob, think the drug will be looked on favorably in the near future.⁵ As a matter of fact, one of my sources says there's more medical literature on the science of DMSO than you'll find on penicillin, aspirin, or cortisone. The real problem is getting researchers to look past the FDA-created bias and into the potential of this intriguing, cancer-fighting compound.

Nature's Cancer Miracle: The Healing Substance Found in More than 1,200 Foods

"No state shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any state deprive any person of life, liberty, or property, without due process of law, nor deny to any person within its jurisdiction the equal protection of the laws."

(One of the greatest rights ever given to a people – From the 14th Amendment of the Constitution of the United States of America, 1868)

Suppose you discovered that a whopping 475,905 people in the U.S. alone die needlessly every year, in a manner so sinister it could be classified as criminal deception.¹

You'd call that mass murder if it were intentional, right?

Such is the story surrounding Laetrile, one of the most popular and effective alternative cancer treatments – also known as purified B17,

Amygdalin, or nitrilosides.

The FDA has effectively shut down the purchase of Laetrile in the U.S. – even though it's a perfectly safe and natural supplement that could save many or most those 475,905 lives per year.

1 Based on 85% of the American Cancer Society's total (American) cancer deaths in 2006 of 559,888. The 85% represents the percentage of lives saved with Laetrile combined with a strong dietary approach to cancer in Dr. Binzel's practice, discussed in this article.

Rediscovered After 3,400 Years

Oral traditions from ancient China suggest that doctors used a highly concentrated substance from the pits of apricots and other fruits 3,500 years ago to treat tumors. It was first documented in writing 2,000 years ago.

Laetrile exists in large amounts in apricot kernels, comprising 2-3% of the kernel. It's also found in the kernels of many other fruits, and a host of other foods such as:

- o Plums
- o Cherry seeds
- o Peach kernels
- o Nectarines
- o Apple seeds
- o Lima beans
- o Chick peas
- o Elderberry wine
- o Bean sprouts
- o Millet sprouts
- o Sorghum molasses
- o All members of the raspberry family
- o Macadamia nuts
- o Bamboo sprouts
- o Cashews
- o Buckwheat
- o Blueberries
- o Blackberries
- o Strawberries

All fruit seeds contain healthy organic cyanide – not “inorganic” cyanide, which is deadly. More on that in a moment...

The primitive diet was very rich in nitrilosides, because people ate the entire fruit or grain kernel, including the seeds, which contained as much as 2% or more nitrilosides. Today it's typical to eat only the flesh and discard everything else.

Nitriloside was “rediscovered” in 1920 by California physician Ernest Krebs. His son Dr. Ernest Krebs, Jr., named it “Laetrile” in 1952 after they discovered a connection between cancer and nutritional deficiency.

Their studies showed that a sufficient intake of Laetrile (or hydrocyanic acid in its natural form) was *selectively* toxic to cancer cells.

In the early 70s, Loyola University biologist Dr. Harold Manner ran a study on mice using a combination of enzymes, vitamin A and Laetrile.

As reported in his book, *Death of Cancer*²:

“After 6-8 days, an ulceration appeared at the tumor site. Within the ulceration was a pus-like fluid. An examination of this fluid revealed dead malignant cells. The tumor gradually underwent complete regression in 75 of the experimental animals. This represented 89.3% of the total group.”

Vitamin B17 is one “smart” vitamin!

On a molecular level, it has four units – 2 units of glucose, 1 unit of benzaldehyde, and 1 unit of cyanide. The cyanide unit is “locked” together with the other three units so it cannot be released on its own.

When B17 comes into contact with normal cells, a protective enzyme called rhodanase neutralizes the cyanide molecule in Laetrile on contact. In contrast, cancer cells have *no* rhodanase. Instead, they have another enzyme, beta-glucosidase, that specifically releases the cyanide, which in turn poisons the cancer cells. So only cancer cells possess this key that unlocks the cyanide – a process known as selective toxicity.

Those Who Do NOT Get Cancer...

G. Edward Griffin, who wrote the excellent book *World Without Cancer*³, indicates that the cultures around the world that eat the most B17

in their diets are the same groups that can boast an extremely low incidence of cancer.

Take, for example, the “Hunzakuts” or “Hunza” people of the Himalayas. They have a reputation for being one of the longest-lived people in the world, often living from 100 to 120 years – with great health and vitality. They didn’t know cancer before being introduced to modern civilization.

While it would be a mistake to attribute their healthy lifestyle to just one thing, the fact is that their diet has been historically high in vitamin B17 – possibly the highest in the world – because apricot trees are their main crop. The wealth of a Hunzakut man is measured by how many apricot trees he owns. And dried apricot seeds contain one of the highest sources of B17 on earth. It is not uncommon for a Hunzakut to eat 30 to 50 apricot seeds per day as a snack.

Eskimos have also traditionally been free from cancer. You would correctly assume their diet to be very poor in fresh veggies, fruit, and seeds. But grasses are typically good sources of B17, which the Eskimos receive through eating caribou, reindeer, and other grazing animals.

Both the Hunzas and Eskimos succumbed to cancer once they adopted Western eating habits. Both groups were extensively studied early in the 20th century and found to have a low incidence of diseases found in “advanced” societies. Most experts believe diet was the reason.

Today’s standard American diet is weak in B17-rich fresh fruits and veggies, nuts and seeds. In addition, most meat comes from grain-fed animals, instead of the more nutritionally sound grass-fed animals.

If Laetrile is selectively toxic to cancer cells, and prevalent in the diets of cultures with almost no cancer incidence, why don’t people know about it?

Research, Cure and Cover-Up...

Most people have never heard about Laetrile because of the massive cover-up by the FDA and pharmaceutical industry.

Regardless, there have been many tests on Laetrile over the past 30 to 40 years, including a major 5-year study at the prestigious cancer research department of Memorial Sloan-Kettering Cancer Center (MSKCC) in New York. In 1972, MSKCC asked its senior cancer researcher Dr. Kanematsu Sugiura – with more than 60 years experience in cancer research – to conduct tests over a five-year period from 1972-1977. He'd been with Sloan-Kettering since 1917. Dr. Sugiura's work was trusted and his honesty was beyond dispute. He had published hundreds of research papers. The head of Sloan-Kettering's lab-testing division even wrote:

"Few if any names in cancer research are as widely known as Kanematsu Sugiura's.... Possibly the high regard in which his work is held is best characterized by a comment made to me by a visiting investigator in cancer research from Russia. He said, 'When Sugiura publishes, we know we do not have to repeat the study, for we would obtain the same results he has reported'."

Dr. Sugiura found Laetrile to be *highly effective* against cancers of all types.

At the conclusion of the trials, on June 15, 1977, the MSKCC released a press statement. Over 100 reporters and half a dozen film crews from leading TV stations were assembled to hear the long-awaited official verdict on Laetrile from the world's most prestigious cancer research center.

Physicians with impeccable credentials shared the platform. Dr. Robert Good began to speak, condemning Laetrile and its use. He then passed the microphone to Dr. Stock, who had previously praised Sugiura's work. Stock droned on about the finer details of the testing... until it became evident to all that Dr. Sugiura was not to be given an opportunity to speak.

Suddenly a journalist shouted from the crowd, "Dr. Kanematsu Sugiura, do you stick by your belief that Laetrile stops the spread of cancer?" He replied, "I stick."

Dr. Sugiura said,

“The most interesting part is metastases, secondary cancer growth to another location.

When this mammary tumor grows to about two centimeters in diameter or more, about 80% develop lung metastases. But with treatment with Laetrile/Amygdalin, it’s cut down to about 20%.”

Deliberately Designed to Fail...

The medical authorities didn’t like it and determined to prove Sugiura wrong. His data had to be buried.

But other researchers had also obtained the same positive results. Dr. Lloyd Schloen, a biochemist at Sloan-Kettering, had included proteolytic enzymes in his injections and reported a 100% cure rate among albino mice. So what was Sloan-Kettering’s plan? Change the testing protocols and Laetrile amounts *to ensure failure*. Little surprise then that they failed... and that’s what they reported.

Dr. Sugiura refused to roll over and play dead.

“I see what I see!” he declared. He was hounded for doing so.

Dr. Ralph Moss, head of public relations at Sloan-Kettering at the time, protested the coverup. He blew the whistle on the lies told by Sloan-Kettering about the Laetrile trials. He was fired the next day for “failing to carry out my most basic job responsibility, which means to lie when your boss tells you to”.

Later, minutes of a meeting of top MSKCC officials obtained via the Freedom of Information Act revealed that Sloan-Kettering officials knew the effectiveness of Amygdalin was obvious. The minutes read, “...*Sloan-Kettering is not enthusiastic about studying Amygdalin but would like to study cyanide releasing drugs.*”

Sloan-Kettering wanted a man-made patentable chemical to mimic the qualities found in Amygdalin. That’s where the money is. If a very effective cancer treatment or cure were found in the lowly apricot seed, it would spell economic disaster for the cancer industry.

Laetrile has also been studied and used around the world. Hans Nieper, M.D. (Germany), Ernesto Contreras, M.D. (Mexico), and Manuel Navarro, M.D. (Philippines) were three early practitioners and researchers of Laetrile. All three achieved outstanding results.

When Philip E. Binzel, Jr., M.D., learned of their work, he was so impressed he began practicing nutritional therapy with his own cancer patients. After 20 years of Laetrile treatments, he wrote a book about his experiences.

It should be noted that Laetrile was never meant to be a stand-alone cancer treatment like a drug... but to be used in combination with supplements, diet and enzymes.

Dr. Binzel's book *Alive and Well* documents numerous stories of those who went on to survive and thrive after Laetrile treatments, and many of the stories can also be read at http://www.cancure.org/cancer_victors.htm

Tests revealed dramatic survival rates

After 18 years, Dr. Binzel analyzed the success of his treatments. He separated his patients into primary cancer and metastatic cancer groups... and then compared their outcomes to the American Cancer Society's outcomes.

The primary cancer group had 180 patients with 30 types of cancer. After 18 years, 87.3 percent of these **did NOT die** of their cancer.

Even assuming that the seven patients who died of unknown causes *may* have died from cancer, he still showed an amazing 83.3% long-term recovery rate!⁴

At the same time, the American Cancer Society (ACS) officially claimed that with conventional treatment including early detection and treatment for cancers that had not yet metastasized, "...85% of the patients **WILL die** from their disease within 5 years."⁵

I think I'd bet on Dr. Binzel's odds, not those of the ACS!

In his group of metastasized cancer patients,

after 18 years 70.4% **did not die**, reduced to a (still) whopping 62.1% when he conceded those who died of unknown causes.

Binzel's results are incredible when compared to ACS statistics, which show that ***only one person in every thousand with metastasized cancer (0.1%) will survive five years if treated with conventional means.***⁶

This is true reason to hope...

The Two Fronts of the Disinformation Campaign

Detractors claim that Laetrile is: (1) Too toxic because it contains cyanide, and (2) Not effective in treating cancer.

The "toxic" argument is dubious. You ingest it every time you eat lima beans, bean sprouts, most seeds and nuts, berries, millet and more. And some of the healthiest people on earth eat diets high in Laetrile. What's more, vitamin B12 – which is sold as a supplement – also contains the same type of cyanide molecule as B17.

The story above about the Sloan-Kettering research casts plenty of doubt on the idea Laetrile is "ineffective." Ralph Moss, the main source for what happened there, is a pillar of integrity, and he's not a wide-eyed worshipper at the altar of alternative treatments. He's much more insistent on good scientific evidence than most people who write about the subject.

Further, Griffin reports in his book *World Without Cancer* about studies at the Mayo Clinic that, like those at Sloan-Kettering, were deliberately designed to fail and not conducted according to protocol. If the Moss and Griffin accounts are true (and I think they are) these experiments were designed so the results would "prove" Laetrile is ineffective.

How to Get Started with Laetrile...

Due to the suppression of Laetrile treatments, you can't just walk into a doctor's office and get treated in America. Physicians have been shut down and hauled to jail for prescribing Laetrile. So Laetrile has been pushed out of the U.S.

and into Mexico. Some U.S. docs may still give Laetrile by IV (intravenously), but they probably won't publicize it.

If you want to receive treatment in the States, the only option is to ask around at various alternative cancer treatment clinics to find out who offers it.

Many clinics in Mexico offer Laetrile or B17, often stated on their websites. As always, check on the credibility of the doctor or clinic, and try to speak with other patients before committing to a regimen. *Cancer Defeated* publishes a consumer guide to the Mexican alternative cancer clinics called ***Adios, Cancer.***

If you want to take "home-style" Laetrile by mouth, you can still purchase apricot seeds on the Internet, but it's becoming more difficult. Anyway, my sources indicate that eating the seeds is effective as a preventive but less so if you've got cancer. Intravenous (IV) Laetrile is the most powerful delivery method if you've got cancer. What's more, Laetrile is intended to be part of a complete protocol of diet, enzymes, exercise and supplements. You should use Laetrile ONLY under the supervision of a medical professional. For example, zinc is required for Laetrile to do its job. Ditto for vitamin C. Vitamin A interferes with Laetrile. A build-up of vitamins, enzymes and proper diet is necessary before starting Laetrile. A full stomach weakens the effect of Laetrile. Et cetera.

It's not a do-it-yourself option. Find a good clinic.

Also, Laetrile stands for ***laevo***-rotatory mandelon***trile*** beta-diglucoside. The "laevo" part references a purified form of B17 that turns polarized light in a left-turning direction. Dr. Ralph Moss states that the form of Laetrile patented by the Krebs, father and son, was purified to contain only this left-turning (laevo) form. Apparently Dr. Krebs, Jr., believed that only the left-turning form was effective against cancer. So it's wise to check the purity of your

practitioner's Laetrile.

Robert Atkins, M.D., the "Diet Revolution" guru, said, *"Amygdalin appears to neutralize the oxidative cancer-promoting compounds such as free radicals... It's just one more key component keeping cancer from growing or spreading.*

Contrary to what people have said about Laetrile... it should be considered an effective, entirely safe treatment for all types of cancer."